

Restore Premium Massage Oil

A. DIRECTIONS FOR USE WITHOUT A STRETCHING DEVICE

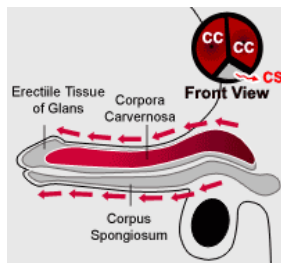
You will need a warm damp hand towel and the RESTORE Premium Massage Oil.

This process takes approximately 20 minutes.

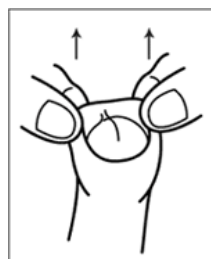
1. Clean the penis thoroughly of sweat and skin oils. Taking a shower before the treatment is ideal.
2. Lie face up on a bed and keep the penis shaft wrapped in a warm damp towel for 3 minutes to open up the pores of the skin.
3. Remove the towel and apply 6 to 8 drops of RESTORE Premium Massage Oil directly onto the skin of the penis shaft around the area indicated in the picture below until fully covered with the oil. The oil may safely be applied on the glans as well.



4. Begin the massage by kneading the penis shaft with your fingers with a gentle rubbing and pulling motion, fingers moving up towards you as illustrated in the picture below. Please apply medium pressure. Do this continuously for 2 minutes.



5. Stop the massage and wipe your hands and penis of excess oil with a towel. With your fingers, grip the loose skin adjacent to the glans penis (see diagram below) and gently pull it towards you as far as it will comfortably go. The skin should stretch over your glans or part of it. Once you have a good steady grip, hold this position for about 3 minutes giving the skin a chance to stretch.



Note: This process should not be painful. If you feel any pain, it means you're pulling too hard and need to ease up a little.

GET FASTEST RESULTS WITH
The World's
FIRST
FORESKIN Restoration Oil



IF YOUR CIRCUMCISION HAS BEEN "TIGHTLY DONE" leaving no excess skin for you to perform the above, your first task is to grow some of that skin. Grip the oiled skin of your penis shaft tightly with your palm and tug it slowly towards you as illustrated in the picture in no. 4 (left).

Let go when your palm reaches the tip of your penis. Repeat this massage for 3 minutes. This motion encourages the skin to extend towards the glans penis and eventually grow new skin adjacent to it.

6. Release the skin and rest for 1 minute.
7. Repeat steps 3 to 6 three times.
8. After the final iteration, rest for 1 minute. You may now safely wash off the remaining massage oil on your penis and hands with ordinary bath soap. You're done!
9. For a week, repeat all the above once in the morning and the evening. The week after, do it every other day to let your skin cells recuperate and grow. Then repeat the process again for another week. Do this until you are satisfied with the results.

B. DIRECTIONS FOR USE WITH A STRETCHING DEVICE

You will need a warm damp hand towel, RESTORE Premium Massage Oil and the stretching device of your choice.

Note: that devices that apply adhesive to the skin such as tapes will not be suitable for use with RESTORE Premium Massage Oil.

This process takes approximately 30 minutes.

1. Perform steps 1 4 as described under **DIRECTIONS FOR USE WITHOUT STRETCHING DEVICE.**
2. Apply the stretching device of your choice by following the instructions given by the device manufacturer. If you are using a pneumatic penis pump, we recommend you apply the pump for 6 minutes at the end of each iteration.
3. Perform steps 6 9 as described under **DIRECTIONS FOR USE WITHOUT STRETCHING DEVICE.**

NOTE 1: As the nature of skin and the amount of foreskin skin left over from circumcision vary between individuals, the time it takes to produce results may also vary.

NOTE 2: RESTORE Premium Massage Oil when used as directed promotes the growth of tissue cells of both skin and tissue. Upon regular use you may also experience a slight enlargement of the penis.

NOTE 3: RESTORE MASSAGE OIL IS FOR EXTERNAL USE ONLY. Please remove all traces of the oil by washing thoroughly with soap and water before any sexual activity.